

# 15. Financial health

Financial health is an important issue for residents in Venserpolder. Here you can see whether residents make ends meet on their income (from work or grants). And whether they can pay their monthly expenses without encountering financial problems.

## MAKING ENDS MEET

47%

has difficulties making ends meet

## FINANCIAL PROBLEMS DUE TO FIXED EXPENSES

57%

experiences financial difficulties

### MAKING ENDS MEET

#### HOUSEHOLD COMPOSITION

Single parents have most difficulties making ends meet

Household	% difficulties making ends meet
Lives with partner, children or at parents house	41%
Lives alone	54%
Single	57%

#### MIGRATION BACKGROUND

Residents who emigrated from a non-European country are having more difficulties making ends meet

Migrant background	% difficulties making ends meet
Geen migratie achtergrond	37%
European background	35%
Non-European background	58%

#### AGE

Elderly residents have most difficulties making ends meet

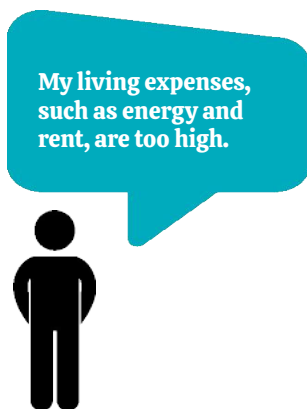
Age	% difficulties making ends meet
16 to 20 years	33%
21 to 40 years	36%
41 to 65 years	61%
65+ years	55%

### FINANCIAL PROBLEMS

#### TYPE OF PROPERTY

Financial problems due to monthly expenses is more common among residents with rental properties

Residential property	% financial difficulties
Rent	68%
Buy	40%



This data was collected in autumn 2022 by a group of residents and UvA researchers



# 2. Healthy lifestyle

Residents consider healthy eating and exercise important for their wellbeing. They also think having enough free time is important for a healthy life. Here, you see whether residents are satisfied with the opportunities Venserpolder offers for sports, healthy food, and opportunities to spend free time.

## OPPORTUNITIES FOR EXERCISE AND HEALTHY FOOD

**54%**  
is unsatisfied

## AMOUNT OF FREE TIME

**44%**  
is unsatisfied

### SPORTS AND HEALTHY FOOD

#### MIGRANT BACKGROUND

Residents who emigrated from a non-European country are more likely to feel unsatisfied with the opportunities

Migrant background	% unsatisfied with opportunities
No migrant background	49%
European background	30%
Non-European background	63%

#### AGE

Young (adolescent) residents are more likely to feel unsatisfied

Age	% unsatisfied with opportunities
16 to 20 years	47%
21 to 40 years	57%
41 to 65 years	59%
65+ years	46%

### AMOUNT OF FREE TIME

#### AGE

(Young) adults are more likely to feel unsatisfied with the amount of free time

Age	% unsatisfied about free time
16 to 20 years	41%
21 to 40 years	49%
41 to 65 years	50%
65+ years	22%

There is a lack of sports opportunities for children and young people.



All (takeaway) restaurants in the district sell mainly fast food.



There are few fresh and healthy products for sale in Venserpolder.



I would like to have an affordable gym in Venserpolder.



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# 6. Neighbourhood activities

Neighbourhood activities in Venserpolder are of great value to many residents. Here you can see whether residents think there are enough neighbourhood activities. And whether the existing neighbourhood activities match what residents need.

**OFFER**  
**52%**  
is not met in their needs

**AMOUNT**  
**68%**  
thinks there are too little

## OFFER OF NEIGHBOURHOOD ACTIVITIES

### TYPE OF PROPERTY

The offer of neighbourhood activities aligns less well with needs of residents with homeowners

Type of property	% not met in needs
Rent	44%
Buy	68%

### PAID JOBS

The offer of neighbourhood activities aligns less well with needs of residents in paid employment

Paid job	% not met in needs
Non-paid job	38%
Paid job	68%

### AGE

The offer of neighbourhood activities does not align with the needs of young adults

Age	% not met in needs
16 to 20 years	25%
21 to 40 years	74%
41 to 65 years	55%
65+ years	36%

## AMOUNT OF NEIGHBOURHOOD ACTIVITIES

### Age

Especially young adults are unsatisfied with the amount of neighbourhood activities

Age	% too little activities
16 to 20 years	60%
21 to 40 years	76%
41 to 65 years	69%
65+ years	62%

I miss a community centre to get together and for activities.



I am not sure whether there are activities organised for this neighbourhood. There is too little information about this.



Especially for youth, there should be more activities. Like cooking or music classes, or judo.



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